

The Health and Wellbeing Centre is an integral component of St George State High School's Health and Wellbeing framework. If a student is unable to read, we grow their reading capacity, if a student is struggling with their numeracy, we grow their mathematical capacity, if a student is struggling socially and emotionally, we grow their resilience, teach them coping strategies, value them and empower them to be in charge of their own future. This is the central philosophy behind the Health and Wellbeing Centre.

With parents and community groups, the HWC supports the social and emotional growth of all students by providing students with access to the Guidance Officer, Learning Support Team, Youth Support Coordinator, School-Based Youth Health Nurse, Community Education Counsellor, Chaplain and outside community support services in a safe environment.

Tier 1

Support, intervention and celebration for diverse learners at classroom level through an introduction to a range of programmes and strategies.

Tier 2

Student Support Team

Targeted intervention within the school to support the needs of students. This will include participation in one or more of our programmes.

Tier 3

Complex Case Panel

Complex Case Management is a holistic approach to support students who have high needs in consultation with family, community partners and external providers.

The HWC Team

Daymar



Joy Weatherall

Community Education Counsellor



Donna Waters

Youth Support Coordinator



Angie Gorry

School-Based Youth Health Nurse



Simon Teunis

Chaplain

Guidance Officer's Room



Annette Woodrow

Guidance Officer

L Block



Tracey Wiggins

Leader, Student Support Team



Chris Rigney

Teacher, Students with Disabilities



Danielle Knights

Teacher, Literacy and Numeracy



Belinda Tolete

Teacher, Learning Support



John Wiggins

Teacher, Learning Support

Teacher Aides



Mark Morris



Leisa Mulholland



Sheree Reid



Kelli Twidale



Health and Wellbeing Centre



Together we achieve

Programs Available

Resourceful Adolescence Program

Promoting positive mental health in teenagers for Years 7 to 8 delivered by Angie Gorry (SBYHN)

Love Bites

Building resilience against domestic violence offered to Year 7 to Year 12 students delivered by Joy Weatherall (CEC), and Simon Teunis (Chaplain)

Which Way? This Way!

Building culturally appropriate communication strategies to strengthen positive community attitudes for boys from cultural backgrounds delivered by Gavin Waters (Police Liaison Officer)

Safe Sistas

Helping indigenous girls break out of a cycle of domestic violence co-ordinated by Cheryl Lang from Goolburri.

Rock and Water

Confidence and resilience building for students delivered by Richie Teunis (Community Chaplain)

Big Buddy

Engagement of Indigenous Youth offered to students in all year levels. External Provider, Goondir Health Services.

Hygiene

Self awareness of personal care and hygiene delivered by Angie Gorry (SBYHN)

Apprenticeships, Traineeships and Work Experience

Providing direct links to apprenticeships, traineeships through career pathways co-ordinated by Donna Waters (YSC)

Breakfast club

Creating a great start to the day by offering breakfast club Monday to Friday 7.45am to 8.30am co-ordinated by Joy Weatherall (CEC)

Student Indigenous Ambassadors

Developing leadership capacity within indigenous students in Year 10 and Year 11 to carry through to Year 12 for leadership development co-ordinated by Joy Weatherall (CEC)

Guidance and Counselling

Supporting all students through the emotional, social and career pathways delivered by Annette Woodrow (Guidance Officer), Sarah Scriven (YSC), Joy Weatherall (CEC), Angie Gorry (SBYHN) and Simon Teunis (Chaplain)

Curriculum

Extra support in literacy and numeracy, classwork and homework.

RATEP

RATEP is a community-based teacher education program to enable Indigenous people to become fully qualified teaching assistants and/or registered teachers. Students work towards a Certificate III in Education co-ordinated by Deborah Addison (HoD Senior Secondary).

Solid Pathways

Providing cultural awareness to indigenous students from Year 7 to Year 10. To participate, students must be achieving high academically co-ordinated by Joy Weatherall, (CEC)

Health and Wellbeing in the classroom

This subject builds social and emotional capabilities and is being delivered to all students in timetabled classes:

- Positive Engagement
- Meaningful and Purposeful
- Skills and Achievement
- Relationships and Optimism
- Strengths and Emotions
- Exercise and Health

Our measures for success:

- 100% OP recipients receive an OP 1-15
- 100% students attain a QCE or QCIA
- 100% Students in Education, training or employment within 6 months after leaving school
- 90% of students received a Certificate II or Higher
- 90% attendance rates for students
- 80% pass rate for Junior English, Mathematics and Science