

Cancer's different in a young person's world

We get it

Just when life should be full of possibilities, cancer crashes into a young person's world and shatters everything. CanTeen is the game changer.

We help young people cope with cancer in their family, rebuild their foundations and connect with others in the same boat. That's how CanTeen is the difference.

Who we support

CanTeen works with 12-24 year olds who are dealing with:

- having cancer themselves
- a parent, brother or sister's cancer
- the death of a parent, brother or sister

How we help

There's no one size fits all. We tailor our range of services to help each young person cope with the impact cancer is having on their life.

Peer support

Through CanTeen, young people affected by cancer can meet and be supported by others their age who truly understand what they're going through. They can share experiences through our online community or attend CanTeen Camps or Recreation Days, where they can make new friends, develop coping skills and have a lot of fun too.

Counselling

CanTeen's specially trained counsellors give young people a safe space to talk about difficult thoughts and feelings and help them develop coping strategies. Sadness, anxiety and grief don't stick to business hours so neither do we. Online and phone counselling is available seven days a week and they can also meet a counsellor face to face.

Information and advice

CanTeen has information and advice about the challenges young people face, from how to talk to friends about cancer to what all the medical jargon means.

Youth Cancer Services

The Youth Cancer Services, which receive federal funding through CanTeen as well as state and territory government funding, provide specialist, age-appropriate treatment and support for young cancer patients aged 15 - 25.

Help young people get support

If you know a young person who might need support dealing with cancer in their family, please tell them about CanTeen.

Visit canteen.org.au

Call 1800 835 932

Email support@canteen.org.au

Online support

CanTeen provides world-leading online support for young people living with cancer.

At canteen.org.au, they have 24/7 access to a secure online community just for young people like them and can chat to a counsellor using instant messaging or email.

Leadership development

CanTeen is passionate about empowerment and is proud to have young people providing direction and advice at all levels of the organisation, including the Board of Directors.

"When Mum was diagnosed, I didn't know how to react because all I knew about cancer was that people died from it. I was scared for her and didn't want to lose her. These were the only things going through my head, all day and every day. CanTeen helped me cope. If it wasn't for CanTeen, I don't think I'd be the person I am today."

Oli, Age 17



Our Work

In the last year, CanTeen has made a significant difference to the lives of young people affected by cancer.

15,520

books provided to young people

189

camps and recreation days

1,538

patients supported through the Youth Cancer Services

2,920

counselling sessions

90,000

visits to our online support service



"I came to CanTeen soon after I was diagnosed and it's amazing to be around people my own age who understand what I'm going through and who can comfort me if I'm feeling down. Without the support of my friends at CanTeen, I wouldn't be as happy."

Mary Jo, Age 16 (pictured left)

Did you know?

Every year, another 23,000 young people like Matt have their world turned upside down by cancer. That's 63 young people every day.

Donate today

Please donate today so that CanTeen can help young people rebuild the foundations that crumbled beneath them when cancer crashes into their world.

\$25 delivers a CanTeen book to guide a young person through the challenges of cancer.

\$50 enables a young person to attend a CanTeen Recreation Day.

\$75 provides a counselling session for a young person trying to cope with cancer

Donate online at canteen.org.au/donate or call CanTeen on 1800 639 614.

Our vital work wouldn't be possible without the generous support of the Australian community.

Donations from individual supporters make up more than three quarters of our income. All donations over \$2 are tax deductible.

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